



2023 YOUTH HEALTH CONFERENCE  
**Solution Generation: Listen. Invest. Act.**  
 8 - 10 November 2023 | Adelaide Convention Centre



**DAY 1 - PROFESSIONAL DEVELOPMENT WORKSHOPS | WEDNESDAY 8<sup>TH</sup> NOVEMBER**

<b>12.00pm</b>	<b>Arrival tea/coffee and registration open</b> <i>Riverbank foyer 5-8</i>		
	<b>Workshop stream 1</b> 'Youth only' (Delegates aged 25 years or under)  Please join us for tips on how to make the most of the conference, connect with other young people and to share your 'Solution Generation' perspectives on how we work together to advocate for better youth health & wellbeing	<b>Workshop stream 2</b> 'Health care setting'  These sessions cover a range of contemporary adolescent health issues, with a particular focus on the response by clinicians and community health services.	<b>Workshop stream 3</b> 'Research and evaluation'  These sessions will provide inspiration and support to anyone interested in how to conduct research with young people, or to evaluate current programmed based on evidence-based principles.
<b>Room</b>	<i>Riverbank room 5</i>	<i>Riverbank room 6</i>	<i>Riverbank room 7</i>
<b>12:30pm – 2.00pm</b>	<b>Youth Forum – part 1</b> <i>Facilitated by Semara Jose, Deadly Inspiring Youth Doing Good</i>	<b>Medical Controversies in Adolescent and Young Adult Medicine: SSRIs for Depression and the increasing prevalence of Functional Diagnoses</b> <i>Presented by Simon Denny</i>	<b>Using qualitative research methods to engage young people: a workshop about innovative methods and ethics</b> <i>Presented by Cristyn Davies, Louisa Welland, Grace McGowan, Sofina Le, Dominique Rose</i>
<b>2.00pm - 3.30pm</b>	<b>"How to Conference" – Hacks for First Timers and Young People</b> <i>Presented by Jasmine Elliot, Molly O'Sullivan and Luo Li</i>	<b>Fundamental components of complex adolescent rehabilitation</b> <i>Presented by Payton Soussa</i>	<b>Queering Health Interventions from Ethics to Application</b> <i>Presented by Jacob Thomas</i>
<b>3:30pm-4.00pm</b>	<b>Afternoon tea and 'get to know AAAH'</b> <i>Riverbank foyer 5-8</i>		
	<b>Workshop stream 1</b> 'Youth Forum'	<b>Workshop stream 2</b> 'Health professional'	<b>Workshop stream 3</b> 'Researcher'
<b>Room</b>	<i>Riverbank room 5</i>	<i>Riverbank room 6</i>	<i>Riverbank room 7</i>
<b>4.00pm – 5.00pm</b>	<b>Youth Forum – part 2</b>  <i>Facilitated by Semara Jose, Deadly Inspiring Youth Doing Good</i>	<b>Feedback on the proposed Youth Appropriate Care position statement for Adolescent and Young Adult services in secondary and tertiary health services</b> <i>Presented by Simon Denny</i>	<b>Transformation of research: how can we revolutionise conventional approaches of research to enable engagement of adolescents as co-researchers?</b> <i>Presented by Stephanie Patridge</i>

**DAY 2: CONFERENCE | THURSDAY 9<sup>TH</sup> NOVEMBER**

\*Program subject to change\*

7.00am - 5.00pm	<b>Arrival tea/coffee and registration open</b> <i>Riverbank foyer 5-8</i>				
8.30am - 8.45am	<b>Welcome to Country</b> <i>Riverbank room 6 &amp; 7</i>				
8.45am - 8.50am	<b>Welcome address</b> <i>Presented by Maia Giordano, AAAH Executive Officer</i> <i>Riverbank room 6 &amp; 7</i>				
8.50am - 8.55am	<b>Video welcome: AAAH President</b>				
8.55am - 9.10am	<b>Welcome address: Dr Anne Aly MP, Minister for Youth</b> <i>Riverbank room 6 &amp; 7</i>				
9.10am - 10.10am	<b>Imogen Kane, UN Youth Ambassador</b> <i>Riverbank room 6 &amp; 7</i>				
10.10am - 10.45am	<b>'All in' Networking Session</b> <i>Riverbank room 6 &amp; 7</i>				
10.45am - 11.15am	<b>Morning tea break</b> <i>Riverbank foyer 5-8</i>				
	<b>Proffered paper session 1</b> <i>'Amplifying youth voices'</i>	<b>Proffered paper session 2</b> <i>'Substance use'</i>	<b>Proffered paper session 3</b> <i>'Digital health solutions'</i>	<b>Proffered paper session 4</b> <i>'International programs &amp; research'</i>	<b>Proffered paper session 5</b> <i>'Mental health'</i>
<i>Session Chairs</i>	<b>Dominique Rose &amp; Lucy Dahill</b>	<b>Tom Overton-Skinner &amp; Carolyn Berryman</b>	<b>Jacob Thomas &amp; Stephanie Patridge</b>	<b>Leilani Puse &amp; Zohra Lassi</b>	<b>Jasmine Elliot &amp; Cristyn Davies</b>
<i>Room</i>	<i>Riverbank room 6 &amp; 7</i>	<i>Riverbank room 2</i>	<i>Riverbank room 3</i>	<i>Riverbank room 4</i>	<i>Riverbank room 5</i>
11.15am - 11.30am:	<b>Listening to learn – embedding the voice of young people in evaluation,</b> Dr Claire Treadgold	<b>A fresh perspective,</b> Alexandra Bell	<b>Role-Playing Resilience: A Positive Action Framework for Youth-led Empowerment,</b> Lori Fahey	<b>Nutritional status and its determinants among adolescents with HIV on anti-retroviral treatment in low- and middle-income countries: a systematic review and meta-analysis,</b> Marilyn Cruickshank	<b>Mental health conversations among South Sudanese young people in the south-east of Melbourne,</b> Ana Orozco
11.30am - 11.45am:	<b>Empowering the next generation of health advocates through capacity building and mentorship,</b> Tiana Kittos	<b>Platforming the voices of young people for public health advocacy,</b> Ciara Madigan	<b>Digital psychosocial assessment of adolescents at the Sydney Children's Hospital Network: A qualitative evaluation of implementation,</b> Dr Jane Ho	<b>Preferences of young men who have sex with men in Vietnam for an eHealth intervention to promote PrEP uptake,</b> Minh Nguyen	<b>Resilience or Risk? The dual impact of rurality on youth mental health,</b> Sarah Youngson
11.45am - 12.00pm:	<b>Chronic Conundrums: elevating the voices of young consumers with lived experiences,</b> Leilani Puse & Jourdan Hancock	<b>How parents influence their teenager's vaping and smoking behaviours,</b> Emily Jenkinson	<b>Exploring barriers and enablers to implementation of digital health prevention programs for adolescents,</b> Rebecca Raeside	<b>"If [parents] had more open conversations, then maybe we might have less pregnancies before marriage": a youth-led and culturally appropriate qualitative study of young Samoan mothers,</b> Jana Ventura	<b>Population-level mental health and wellbeing outcomes across genders in South Australian school students</b> Zara Boulton
12.00pm - 12.15pm:	<b>Codesigning Health Literacy with young people,</b> Ms Jazzie Quinn	<b>Exploring recreational drug use and testing patterns prior to outdoor music festivals,</b> Prof Alison Hutton	<b>Co-designing an online community – how listening to young people helped to rebuild the Livewire site,</b> Lori Fahey	<b>Co-designing youth and teacher friendly resources - lessons from the Lancet Series on Adolescent Nutrition,</b> Molly O'Sullivan	<b>Needs and priorities of Pasifika young people in the south-east of Melbourne,</b> Dr Caitlin Douglass
12.15pm - 12.30pm:	<b>Redesigning how we think about co-design: how can we best listen and act upon the voice of children</b>	<b>Motivational Characteristics and Initiation of Emerging Adults Participating in Recreational Drug Use,</b>		<b>The Forgotten Girls: the state of evidence for health interventions for pregnant adolescents and their newborns in low-income and</b>	

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	<b>and young people?</b> Jessica Nikolovski	Alicja Lojszczyk		<b>middle-income countries,</b> Prof Susan Sawyer	
<b>12.30pm – 1.30pm</b>	<b>Lunch &amp; poster presentations</b> <i>Riverbank foyer 5-8</i>				
	<b>Proffered paper session 6</b> <i>'Sexual and reproductive health'</i>	<b>Proffered paper session 7</b> <i>'Youth priorities, ethics &amp; legal considerations'</i>	<b>Proffered paper session 8</b> <i>'Justice &amp; under-served youth'</i>	<b>Proffered paper session 9</b> <i>'Models of care &amp; policy development'</i>	<b>Proffered paper session 10</b> <i>'Transition in chronic illness'</i>
<i>Session Chairs</i>	<b>Sofina Le &amp; Jacqui Hendricks</b>	<b>Jess Nikolovski &amp; Louisa Welland</b>	<b>Tiana Kittos &amp; Claire Treadgold</b>	<b>Molly O'Sullivan &amp; Donald Payne</b>	<b>Bich-Loan (Lara) Nguyen &amp; Jane Ho</b>
<i>Room</i>	<i>Riverbank room 6 &amp; 7</i>	<i>Riverbank room 2</i>	<i>Riverbank room 3</i>	<i>Riverbank room 4</i>	<i>Riverbank room 5</i>
<b>1.30pm – 1.45pm</b>	<b>Views and experiences of young migrant and refugee women in australia regarding the contraceptive implant,</b> Gianna Robbers	<b>The Intersection of Youth Rights and Health Research,</b> Sara Wardak	<b>Adolescent Justice Health Improving Ear Health in NSW Youth Justice Centres,</b> Renee McClelland	<b>Co-designing a model of care for young people with complex health and social needs presenting to the Emergency Department in the Northern Territory,</b> Rachel Buckley	<b>Evaluating transition readiness of young people moving from paediatric to adult health care services,</b> Greizel Espiritu
<b>1.45pm – 2.00pm</b>	<b>"I was feeling traumatised": A multiphase youth-led research project co-developing a Sexual Health Literacy Framework to address gaps in the Queensland Healthcare System,</b> Nadia Son	<b>The legal and practical challenges of adolescent healthcare decision-making,</b> Dominique Moritz	<b>Forensic Child &amp; Adolescent Mental Health Service - A Clinical &amp; Cultural Partnership in providing services in the youth prison,</b> Marina Valadian	<b>Pregnancy and Parenting Young People - A holistic model of care,</b> Sarah Ayling, Caras Fleetwood & Kelly Morgan	<b>Patient and Parent/Carer Experience of Youth Transition in Western Sydney,</b> Deanna Darwall
<b>2.00pm – 2.15pm</b>	<b>The Gist: a pornography, sex, and relationships education program for young people,</b> Ana Orozco	<b>Critical Reflection: ethical dimensions of researching with adolescents in the 21st Century and beyond,</b> Dr Ian Flaherty	<b>Using linked population health data to monitor the health of people exposed to the youth justice system,</b> Lucas Calais Ferreira	<b>Decision making processes of an inpatient rehabilitation admission for adolescents with complex medico-psychosocial presentations,</b> Marilyn Paull & Denise Potter	<b>Transition compass - A consumer-driven model of care for adolescent transition,</b> Jemma Anderson
<b>2.15pm – 2.30pm</b>	<b>A systematic review and meta-analysis examined the relationship between the utilization of contraceptives and the empowerment and agency of adolescent girls and young women,</b> Zohra Lassi	<b>Young and Wise: A review of Australian children and young people's views about what they need to thrive,</b> Dr Kristy Noble	<b>Embedding Youth Health Services in Flexible Learning Environments to Engage Underserved Young People,</b> Kate Tolley	<b>Navigating the maze: Laying the path to better care for our children, adolescents and young adults - Lessons from our journey to creating the Children, Adolescent and Young Adult Service Directions 2023 – 2033,</b> Laura Stevens	<b>Investigation into acceptability, use and applicability of a self-management app (Perx) in adolescents with chronic conditions,</b> Andrew Iskander
<b>2.30pm – 2.45pm</b>	<b>Beyond Consent: Empowering educators and support staff to implement an evidence-based, whole-school approach to comprehensive relationships and sexual health education,</b> Naomi Small		<b>Experiences of Psychological Empowerment within Disengaged Youth,</b> Glenn Weatherford	<b>The Untapped Resource - A study by the South Australian School Nurses Association (SASNA) of current innovative approaches adopted by school-based nurses and the barriers preventing more widespread and efficient utilisation of the role in South Australia,</b> Mark Marno	<b>Adolescent Transition Care Health Journey Mapping,</b> A/Prof Josephine Thomas
<b>2:45-3.30pm</b>	<b>Afternoon Tea</b>				
<b>3.30pm – 4.15pm</b>	<b>Generation Vape: Using research to inform policy</b> <i>Keynote presentation by Prof Becky Freeman, Sydney University</i> <i>Riverbank room 6 &amp; 7</i>				
<b>4.15pm - 5.00pm</b>	<b>First nations wellbeing &amp; the future</b> <i>Keynote presentation by Semara Jose, Deadly Inspiring Youth Doing Good</i> <i>Riverbank room 6 &amp; 7</i>				

5.00pm – 7.00pm	<b>Welcome reception</b> <i>Regatta's Bistro &amp; Lawn</i>
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## DAY 3: CONFERENCE | FRIDAY 10<sup>TH</sup> NOVEMBER

7.00am – 5.00pm	<b>Arrival tea/coffee and registration open</b> <i>Riverbank foyer 5-8</i>				
8.30am – 8.40am	<b>Welcome to day three</b> <i>Riverbank room 6 &amp; 7</i>				
8.40am – 9.30am	<b>Working towards equitable outcomes for adolescent health and wellbeing: Focusing on the bigger picture</b> Presented by Prof Gerry Redmond, Flinders University <i>Riverbank room 6 &amp; 7</i>				
9:30am – 10:45am	<b>Panel: Current policy and practice priorities for LGBTQA+ young people's health and wellbeing</b> <i>Facilitated by Cristyn Davies</i> Panel members: <ul style="list-style-type: none"> <li>o David Casey</li> <li>o Professor Rachel Skinner</li> <li>o Dr Sally Gibson</li> <li>o Zara Boulton</li> <li>o Monique Fletcher</li> <li>o Holley Skene</li> </ul> <i>Riverbank room 6 &amp; 7</i>				
10.45am – 11.15am	<b>Morning tea break &amp; posters 'meet the authors'</b> <i>Riverbank foyer 5-8</i>				
	<b>Proffered paper session 11</b> <i>'Eating disorders, physical activity &amp; metabolic health'</i>	<b>Proffered paper session 12</b> <i>'Capacity building for young people &amp; the workforce'</i>	<b>Proffered paper session 13</b> <i>'Vaccination'</i>	<b>Proffered paper session 14</b> <i>'Meaningful youth engagement in health research'</i>	<b>Proffered paper session 15</b> <i>'Peer support &amp; self-management for chronic &amp; complex conditions'</i>
<b>Session Chairs</b>	<b>Rebecca Raeside &amp; Alison Hutton</b>	<b>Lori Fahey &amp; Claire Threadgold</b>	<b>Caitlin Douglass &amp; Jennifer Marino</b>	<b>Sara Wardak &amp; Rebecca Fortune</b>	<b>Michael Kohn &amp; TBC</b>
<b>Room</b>	<i>Riverbank room 6 &amp; 7</i>	<i>Riverbank room 2</i>	<i>Riverbank room 3</i>	<i>Riverbank room 4</i>	<i>Riverbank room 5</i>
11.15am – 11.30am	<b>Flinders Paediatric Eating Disorder Service (FPEDS): A 10 year review</b> , Kate Tolley & Sau Man (Mandy) Yu	<b>Solution focused innovation for postgraduate education in adolescent health and wellbeing</b> , Ani Wierenga	<b>An insight into immunisation status of students attending Flexible Learning Centres</b> , Susannah Kirby	<b>Assessing the impact of a 12-month youth advisory group on empowering adolescents in chronic disease prevention research involvement: a mixed-methods evaluation</b> , Stephanie Partridge	<b>Adolescents with complex medico-psychosocial presentations: changes in functioning over the course of a two-week inpatient rehabilitation program: a pilot study update</b> , Payton Soussa & Nadishani Fernando
11.30am – 11.45am	<b>An exploration of how adolescents experience and reason their parents' comments on their weight, shape and eating</b> , Lucy Dahill	<b>The Evolution of a professional mentoring program – supporting the youth and community sector to increase skills and confidence in talking to young people about their sexual health</b> , Chrissy Keenan	<b>Qualitative Research Project Question: What are the lived experiences of Latrobe Valley adolescents of the pandemic and current views on COVID19 vaccination?</b> Laura Van Stijn	<b>Roadblocks in LGBTQA+ youth research</b> , Jacob Thomas	<b>Youth Peer Support and Self-Management: Preparing for health care transition from paediatric to adult services</b> , Deanna Darwall, Jane Ho & Jourdan Hancock



11.45am – 12.00pm	<b>Associations between Parents' Body Weight/Shape Comments and Disordered Eating Amongst Adolescents over Time – A Longitudinal Study</b> , Lucy Dahill	<b>My Body My Choice: Empowering young women and gender-diverse people with the skills they need to care for their physical, mental, and emotional wellbeing across their lifespan</b> , Charlotte Dirou & Bianca Blackmore	<b>COVID-19 vaccine information sources among young people</b> , Melody Taba	<b>Implementing youth engagement in health research: Practical resources for researchers</b> , Dominique Rose, Sofina Le and Grace McGowan	<b>A randomised controlled trial evaluating the effectiveness of a self-management program for adolescents with a chronic illness: a study protocol</b> , Jane Gauci
12.00pm – 12.15pm		<b>The Ambassador Model: Peer-led Health Promotion for Young People</b> , Katia Pellicciotta		<b>Beyond listening: Co-research with young people</b> , Louisa Welland	<b>Lily Thai's Legacy: Voluntary Assisted Dying and Palliative Care - Personal Perspectives and Challenges</b> , Grace McGowan
12.15pm – 1.00pm	<b>Lunch &amp; poster presentations</b> o Including AAAH AGM <i>Riverbank foyer 5-8</i>				
1.00pm – 2:00pm	<b>Breaking the trends: Addressing mental health and suicide amongst boys and young men in Australia</b> <i>Co-facilitators: Tom Overton-Skinner &amp; Royce Ramsamy</i> Panel members: <ul style="list-style-type: none"> <li>Wathnak Vy, Member of SA suicide prevention council and counsellor/psychotherapist</li> <li>Aston Hawkins-Nicholls, 2023 UNICEF Australian Young Ambassador and member of the LGBTQIA+ Ministerial Council South Australia</li> <li>Brett Jennings (Ngaanyatjarra Co-Director)</li> <li>Silvano Giordano (Co-Director), Willurarra Creative in remote WA</li> </ul> <i>Riverbank room 6 &amp; 7</i>				
2.00pm – 3.00pm	<b>Inaugural George Patton Oration: Challenging the field of adolescent health</b> <i>Including Q&amp;A session</i>  Presented by Professor Susan Sawyer and Professor Peter Azzopardi. <i>Riverbank room 6 &amp; 7</i>				
3.00pm – 3.30pm	<b>Afternoon tea</b> <i>Riverbank foyer 5-8</i>				
3.30pm – 4.30pm	<b>Solution Generation: Collaboration, Advocacy, Action</b> <i>Riverbank room 6 &amp; 7</i>				
4.30pm – 4.45pm	<b>Award presentations</b> <ul style="list-style-type: none"> <li>Outstanding Contribution to youth health award</li> <li>ECR/HDR best presentation</li> </ul> <i>Riverbank room 6 &amp; 7</i>				
4.45pm – 5.00pm	<b>Conference close</b> Announce 2024 Youth Health Conference <i>Riverbank room 6&amp;7</i>				